Day	Centre	Status
Monday	Salvation Army	10am to 1pm for toast and
		cereals, tea and coffee
	Salvation Army	11am to 1pm for food parcels
	Kettering Muslim Association,	Donations and food parcels
	123 The Headlands	available in the afternoon
		12.30 - 1.30pm and 2.45 - 4.10pm
Tuesday	Salvation Army	10am to 1pm for toast and
		cereals, tea and coffee.
	Salvation Army	11am to 1pm for food parcels
	Highfields Community Centre	11.00 – 12.00. Food parcels, when
	Katta in English Hait D	stock available. Donations if poss.
	Kettering Food Bank. Unit B,	Open 10.00 – 13.00. Call or text
	The Courtyard, Market Street	07709 741353 to request food
	opposite Mental Monkey Cafe	parcel.
	The Shack Food Project,	09.30-12.00 for food parcels.
	Grange Resource Centre	Donations if possible.
	Green Patch Food Table.	Open 10.00 – 15.00. Free produce,
	Valley Walk, Kettering NN16 0LU	mainly bread, some fresh food.
		Donation box available
	Kettering Muslim Association, 123 The Headlands	Donations and food parcels available in the afternoon
	123 The Headiands	12.30 - 1.30pm and 2.45 - 4.10pm
	St Edward's RC Church Hall,	Open 3pm – 5pm, sit in, soup and a
	London Road	hot meal, tea and cakes.
Wednesday	Kettering Food Bank. Unit B,	Open 10.00 – 13.00. Call or text
rroundeday	The Courtyard, Market Street	07709 741353 to request food
	opposite Mental Monkey Cafe	parcel.
	The Shack Food Project, 10	10.00am –2pm
	Lower Street, Kettering	Donations if possible
	Kettering Muslim Association,	Donations and food parcels
	123 The Headlands	available in the afternoon
		12.30 - 1.30pm and 2.45 - 4.10pm
Thursday	Salvation Army	10am to 1pm for toast and
		cereals, tea and coffee.
	Salvation Army	11am to 1pm for food parcels
	Green Patch Food Table.	Open 09.30 – 14.00. Get there
	Valley Walk, Kettering	before 11.00. Free produce.
	NN16 OLU	Donation box available
	Highfields Community Centre	11.00 – 12.00. Food parcels, when
		stock available. Donations if poss.
	The Shack Food Bank	10.00am – 2pm
	Project. 10 Lower Street,	Donations if possible
	Kettering	
	Kettering Muslim Association,	Donations and food parcels
	123 The Headlands	available in the afternoon
	120 THE HEAVIAINS	avaliable iii the alteriouri

		12.30 - 1.30pm and 2.45 - 4.10pm
	St Peter & St Paul Church Hall	Hot food takeaways and hot drinks, 3pm to 5pm.
	Kettering Food Bank. Unit B, The Courtyard, Market Street opposite Mental Monkey Cafe	Open 11.00 – 12.30. Call or text 07709 741353 to request food parcel.
Friday	The Shack Food Bank Project. 10 Lower Street, Kettering	10.00am – 2pm Donations if possible
	Kettering Muslim Association, 123 The Headlands	Donations and food parcels available in the afternoon 12.30 - 1.30pm and 2.45 - 4.10pm
	Grange School, Jean Road. Entrance through nursey gate	Warm space 09.30 – 4pm including free lunch, tea, coffee etc Must arrive by 11.00am to book free lunch
Saturday	Johnny's Happy Place, Rockingham Road.	Open 10.00 – 14.00 for Food Share, teas, coffees, rolls and cakes in the garden. £1 for a meal and £1 for a pudding.
	Kettering Food Bank. Unit B, The Courtyard, Market Street opposite Mental Monkey Cafe	Open 10.00 – 13.00. Call or text 07709 741353 to request food parcel.
Sunday	Johnny's Happy Place, Rockingham Road	Open 11.00 – 14.00 for Food Share, teas, coffees, rolls and cakes in the garden. £1 for a meal and £1 for a pudding.
	Outside Highfields school	11.00 – 12.00. Food parcels, when stock available. Donations if poss.
	Midland Languar Seva Society. By the clock tower, Gold Street.	Hot take away vegetarian food at 5pm.
All week	Accommodation Concern	Office is open for appointments and food parcels. Call 01536 416560 or email help@a-c.org.uk